

## Brown Belt

### Eligibility for testing

- The candidate must be at least 10 years old
- At least 10 months of consistent class attendance as Blue Belt
- Participation at CNGK events (camps, tournaments etc)
- Attend optional kobudo classes at least once per month
- 40 consecutive push-ups and 40 consecutive sit-ups, properly executed

### Performance requirements

#### Kata

- Sanchin
- Gekisai Ichi
- Gekisai Ni
- Saifa
- Shisochin
- Tenchi
- Seiryu
- Tensho

#### Kobudo

- Gekisai Ichi no bo
- Gekisai Ni no bo
- Saifa no bo
- Gekisai Ichi no sai
- Gekisai Ni no sai
- Saifa no sai
- Gekisai Ichi no tonfa
- Gekisai Ni no tonfa
- Saifa no tonfa

#### Kumite

- Point sparring
- Free sparring
- Renzoku / Kakome

#### Bunkai

- Basic takedowns and throws
- Application of kata technique

### Training expectations

- Good attendance and regular home practise is necessary for this level of training.
- Candidates are expected to know their full kata requirements at least one month prior to begin tested. Remembering the moves is not enough for Brown Belt.
- Preparation needs to start at least 3 months prior to your expected test date.
- It is strongly recommended that you attend a CNGK tournament in the year prior to your Brown Belt test.